

Partial List of Brattleboro's Community Resources for Coping with COVID-19

FOOD and BASIC NEEDS

Brigid's Kitchen, St. Michael's Church, 47 Walnut Street, Brattleboro 802-254-6800 or 802-558-6072
Grab-and-go lunches and fruit/nuts on Mon, Weds, Thus, and Sat, 11:30am-12:20pm.

Loaves and Fishes, Centre Congregational Church 193 Main Street, Brattleboro (802) 254-4730, Tues
Grab-and-go lunches on Tuesdays and Fridays at noon

Foodworks, the food shelf program of the Groundworks Collaborative <https://groundworksvt.org> (802) 490-2412, ccolascione@GroundworksVT.org Households in need of food are asked to call or email to coordinate delivery. There is an urgent need for volunteers, and Foodworks has set up protocols to keep staff, volunteers, and clients as safe as possible. Please email us at volunteer@GroundworksVT.org if you are able to help.

Vermont Department of Children and Families / Economic Services <https://dcf.vermont.gov/COVID-19> (800) 479-6151 In an effort to stop the spread of the novel coronavirus (COVID-19), DCF Economic Services Division is conducting as much business as possible via phone and technology. You can apply for benefits or call to have your questions answered by calling the Benefits Service Center.

MENTAL HEALTH RESOURCES

CDC tips for managing anxiety in the COVID-19 outbreak <https://bit.ly/2Qnktjj>

NAMI: National Alliance for Mental Illness 800-950-NAMI
<https://www.nami.org/About-NAMI/NAMI-News/2020/NAMI-Updates-on-the-Coronavirus>

Vermont Support Line from Pathways Vermont (833) 888-2557

The Vermont Support line is a free, anonymous resource for all Vermonters who are looking for someone to talk to. The Support Line is staffed by individuals who acknowledge that they have experienced a broad range of struggles of their own and are willing to be open about them.

Health Care & Rehabilitation Services (HCRS): <https://www.hcrs.org> (802) 886-4500
HCRS services are still active, with an emphasis on phone and electronic communication.

GENERAL HEALTH RESOURCES

Vermont Department of Health <https://www.healthvermont.gov>

Brattleboro Memorial Hospital <https://www.bmhvt.org> 802-257-0341
BMH maintains a COVID-19 information page <https://www.bmhvt.org/coronavirus> and reminds all who have primary care physicians to check with those providers if they have questions or concerns about their health.

(Information accurate as of March 16, 2020)