Make sure you look at our new additions!

2019 / 2020

FALL/WINTER ACTIVITIES
General Information

HOW TO REGISTER:
- Registration Forms are available at the Brattleboro Recreation & Parks Office and at Brattleboro.org under the Recreation and Parks Department page.
- Registrations are accepted for all programs through the mail or in person at the Brattleboro Recreation & Parks Office. **We do not accept registrations by phone.**
- Registrations are accepted on a first come, first serve basis with payment. Some programs have limited enrollment, so early registration is recommended.

FEES AND PAYMENT:
- Program fees are printed at the end of each program or course description
- Payment must be made in full at the time of registration or mailed in with your registration form.
- We can only accept a check or cash for payment.
- Checks should be made payable to: Brattleboro Recreation & Parks.

REGISTRATION DEADLINES:
- The registration deadline for all programs is the start date of the program, unless otherwise stated in the brochure. Registration forms must be turned in prior to the start date of the printed deadline to ensure that the program will have adequate numbers to be offered.
- Program registration will close when a program has limited enrollment and reaches its maximum number. Also, no program registration will be accepted after the second meeting of a program or course unless permission with the Instructor/Program Director is granted.

CONFIRMATION & NOTIFICATION:
- We do not send confirmation notices. We will notify you only if a program is cancelled or changed.
- If you have sent in a completed registration form with payment, prior to the program deadline, you should consider the participant is enrolled.
- If a program has limited enrollment & is filled, you will be notified & placed on a waiting list.

CANCELLATION POLICY & REFUNDS:
- The Brattleboro Recreation & Parks Department reserves the right to cancel or consolidate any program or course that does not meet minimum participant numbers.
- Cancellations due to inclement weather will be announced on our local radio stations, WTSA & WKVT, Facebook and RainOutLine.
- Request for refunds must be in writing to the Recreation & Parks Director for approval.

PROGRAM BROCHURES & LISTINGS:
- Brochures and newsletters are printed seasonally (Summer Brochure, Fall Newsletter, Fall/Winter Brochure, Special Holiday Edition, Winter Carnival, Spring Newsletter.)
- The brochures and newsletters are distributed to the Brattleboro Elementary Schools, local banks, the Chamber of Commerce, the Gibson-Aiken Center and posted on our website www.brattleboro.org click on Recreation & Parks.
- Public service announcements are made through local radio stations WTSA & WKVT, local newspapers Brattleboro Reformer and Town Observer, RainOutLine, as well as our local TV station BCTV.

RESIDENTS:
- You will notice that there are fee differences for Residents & Non Residents. Residents are those who live in, or own property in Brattleboro. Proof of residency may be required.
- Non Resident Youths pay an additional $15 and Non Resident Adults pay an additional $25. This is for all programs and sports activities offered by the Brattleboro Recreation & Parks Department.

SPECIAL NEEDS:
- If there are special needs required for any of our programs, please contact the Brattleboro Recreation & Parks Department one week prior to the scheduled event at 802-254-5808.
- The Gibson-Aiken Center now has a LULA/Elevator for building accessibility.

OFFICE HOURS: Monday - Friday, 10 a.m. to 12 p.m., and 1 p.m. to 5 p.m.
E-mail: recreation@brattleboro.org
Web-Site: www.brattleboro.org
SPECIAL ACTIVITIES & EVENTS

HALLOWEEN HORRIBLES PARADE & BRATTLE-BOO!

Parade: Join us at 6:00 p.m. at the Brattleboro Co-op Parking Lot and parade up Main Street to the Gibson-Aiken Center for costume judging, prizes, goodie bags and more!

Brattle-Boo: Enjoy Trick or Treating at over forty participating downtown shops and restaurants from 4:30 p.m. to 7:00 p.m.!

WHEN: Thursday, October 31st at 6:00 p.m.
LOCATION: Gibson-Aiken Center
AGES: All Ages
FEE: FREE

Special Thanks to the Brattleboro Police Department & The Downtown Brattleboro Alliance

THE PHIL & MARY DUNHAM SKI, SKATE, SNOWBOARD & HOCKEY EQUIPMENT SALE

On sale will be snowboards, skis, poles, bindings, (both downhill and cross country), ski boots, skates, miscellaneous winter items, winter clothing, and hockey equipment. People who wish to enter items in the sale must bring them to the Gibson-Aiken Center on Friday, Nov. 1st between 12:00 - 7:00 p.m. ONLY! Twenty items per person will be accepted.

Bring in items on Friday: 11/01/19 12:00 – 7:00 p.m.
ACTUAL SALE on Saturday: 11/02/19 8:00 – 11:00 a.m.
Pick up Money/Items on Monday: 11/04/19 12:00 – 6:00 p.m.

The Recreation & Parks Department retains 20% of the sale proceeds for special programming.

Co-sponsored by the Brattleboro Outing Club

SANTA CLAUS IS COMING TO TOWN

Children visit with Santa & his Elves. “Santa’s Workshop” will be open to help children with a Christmas projects & cookie decorating.

WHEN: Saturday, December 7th 1:00 pm - 2:30 p.m.
LOCATION: Gibson-Aiken Center
AGES: Children of all ages
FEE: Picture with Santa (Donation)

LAST NIGHT

Come Celebrate New Year’s Eve! There will be many children, family, and adult activities taking place throughout the community. Flyers will be distributed at local schools & events will be advertised in the newspaper & on local radio stations.

Tuesday, December 31st, 2019!

BIRTHDAY PARTIES!

The Brattleboro Recreation & Parks Department would like to announce that we are now taking reservations for Skating Rink Birthday Parties, Gymnastics Birthday Parties and Gibson Aiken Center Birthday Parties! For more information please read the description below or call the Gibson Aiken Center main office to book your party today at 802-254-5808.

SKATING RINK PARTIES

A party may be booked during any hours that Public Skating is scheduled. Price includes Admission for 10 Children, 10 Skate Rentals, Birthday Cake and a private room to have the party.

Cost - $100.00

GYMNASTICS PARTIES

The parties will include one hour of instructed activities in the gymnastics center and a half-hour in the party room for cake and snacks. A cake is included in the price of your party. Parties times are available on Sundays only.

Cost:
- A Party up to 8 guests $150.00
- A party with 8 - 16 guests $200.00

WINTER CARNIVAL - Junior Olympics

The Winter Carnival takes place during the week of February Vacation. The Junior Olympics program is for kids in Kindergarten through High School. Cross Country Ski races will be held at The Outing Club. Downhill Skiing & Skating will take place at the Living Memorial Park. Please check newspapers & listen to local radio stations in February for more information.

www.brattleborowintercarnival.com or www.brattleboro.org

JOIN THE FUN!
CHESS CLASS

Instruction will introduce basic principles of chess to participants, along with simple strategies and tactics, and provide a venue for them to play practice games.

**Beginner**: Assumes no prior knowledge (Kindergarten-3rd grade)

**Intermediate**: (2nd Grade +) For players who know the basic checkmates, and at least a few tactics and strategies.

**Advanced**: Pre-requisites: previously enrolled in intermediate class with instructor approval.

**LOCATION**: Gibson Aiken Center, Conference Room

**FEES**: $40 for Resident & $55 for Non-Resident

**INSTRUCTOR**: Eric Strickland

**Thursdays**:
- Beginner Class 4:00 - 5:00
- Session II 10/31/19 – 12/26/19 (No class 11/28)
- Session III 1/2/20 – 2/27/20 (No class 2/20)
- Session IV 3/5/20 – 4/23/20

**Fridays**: Intermediate Class (Grades 2-6) 3:30 - 4:30
Advanced Class (Instructor approval) 4:45 - 5:45
- Session II 1/1/19 - 12/27/19 (No class 11/29)
- Session III 1/3/20 - 2/28/20 (No class 2/21)
- Session IV 3/6/20 – 4/24/20

MAD SCIENCE – AFTER SCHOOL

Fall is Energy, Forces, Flight Plus Robots! May the forces be with you! Through demonstrations and hands-on activities, children will explore inertia, momentum, gravity, tension/compression, potential and kinetic energy, robots that code and more!

**WHEN**: Wednesdays 4-5 p.m.
8 weeks long – Please see dates below.
November: 6th, 13th & 20th
December: 4th, 18th
January: 6th, 15th and 22nd

**LOCATION**: Gibson Aiken Senior Center

**AGES**: 1st – 6th Graders
A minimum of 12 kids are required/max is 21.

**FEE**: $140 Brattleboro Resident/$155 Non-Resident

PARENT/TOT OPEN GYM

This informal play group meets twice a week in the Gibson-Aiken Center Gymnasium. It is a wonderful way to connect with other families in the community while your child enjoys playing in a big open space. Toys include a playhouse, blocks, Little Tike cars, slides, mats and much more.

**Mondays & Thursdays**: 10:00 am - 11:45 am
11/18/19 - 04/23/20

**INSTRUCTOR**: Parents

**LOCATION**: Gibson-Aiken Center, 2nd Floor Gym

**AGES**: 5 & under

**FEE**: $1 per child per day
### YOUTH INDOOR SOCCER

Come on in from the cold and play some soccer! Children will be broken into small coed teams to play pick-up games. Scores will not be kept. Shin guards & sneakers are required. The focus will be on having fun! Please enroll before the first night of the program.

For more information please call 254-5808

**WHEN:** 03/20 - 04/1/20 (5 weeks)

**LOCATION:**...Gibson Aiken Center, 2nd Floor Gym

**AGES:**
- Grades K & 1: Mondays 5:00 pm - 6:00 pm
- Grades 2 & 3: Tuesdays 5:00 pm - 6:00 pm
- Grades 4, 5 & 6: Wednesdays 5:00 pm - 6:00 pm

**FEES:** $15 residents / $30 non-residents

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### YOUTH HISTORICAL FENCING

We'll explore an introduction to Western Martial Arts and the forms of combat pursued and developed within Medieval Europe. Students will learn the basics of combat, self-defense, and a history of swordplay within medieval society. Bring comfortable, clean soled shoes and prepare to lunge into action.

**WHEN:**
- Thursday’s 4:30-5:30 p.m.
  - Session I: November 7, 14, 21, December 5, 12, 19
  - (No class November 28th)
- Session II: January 9, 16, 23, 30, February 6, 13
- Session III: March 5, 12, 19, 26, April 2, 9

**LOCATIONS:** Gibson Aiken Red Room

**AGES:** Ages 7-12 years old

**FEE:** $85 Brattleboro Residents/$100 Non-Resident

**INSTRUCTOR:** Reily Mumpton

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### TABLE TOP TUESDAY

Join your friends and neighbors every Tuesday for new and classic games! Cards, Twister, Munchkin, Candyland? Bring a game to share or just a good attitude! Ages eight and up are invited to step away from screens and enjoy face to face cardboard competition!

**WHEN:** Tuesdays 5-7:00 p.m.
- November 5, 12, 19 & December 3, 10, 17

**LOCATION:** Gibson Aiken Center Conference Room

**AGES:** 8-18 year old's

**FEE:** $3 Brattleboro Resident / $5 Non-Resident

**INSTRUCTOR:** Stephen Washington

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### OPEN GYM AND GAME ROOM HOURS

This is a supervised program that includes: Open Gym, Game Room, and activities in a safe & fun environment for children after school. There are many things to do. Come & play with your children or leave them in the care of the wonderful Recreation & Parks staff! The Gym is closed on Sundays. Open Gym is for basketball only. Sneakers must be worn on the gym floor. The Game Room contains bumper pool, foos ball, & air hockey. Other activities include board games, Legos and arts and crafts. Look no further for FREE after school fun!

**WHEN:** 10/21/19 - 04/25/20

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<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Ages</th>
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<tbody>
<tr>
<td>Mondays</td>
<td>3:00-5:00</td>
<td>Grades K-6</td>
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<td>Tuesdays</td>
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<td>Fridays</td>
<td>3:00-5:00</td>
<td>Grades K-6</td>
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<tr>
<td>Saturdays</td>
<td>1:00-3:00</td>
<td>Grades 7-12 and Adults</td>
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**Free Fun!**
ADULT PICKLEBALL
This program is designed for adults of all abilities. This is a freelance program with no instructor. Pick up games will be played. All levels and abilities are welcome & participants must wear sneakers. For more information please call 254-5808.
10/22/19 - 4/21/20
WHEN: Tuesdays 7:00 - 8:30 pm
LOCATION: Gibson-Aiken Ctr., Gymnasium
AGES: 18 years old and older
FEES: $3 Residents & $5 Non Residents per night
10 session punch card available
$30 Resident/ $50 Non-Resident

REPORTED TEXT: INSTRUCTOR: FEES: AGES: LOCATION:}

ADULT BASKETBALL LEAGUES
The season runs from November through March.
For more information please call 254-5808.

LOCATION .......... Gibson-Aiken Center Gymnasium
AGES ............... 18 & up (out of school)

MEN’S LEAGUE
Organizational Meeting Wednesday 10/9/19 6:30 pm
Pick up games - Wed. & Fri. nights 7:00 - 9:00
Beginning 10/23/19 - Until Games Begin
Men's League Players ONLY!

WOMEN’S LEAGUE
Organizational Meeting 10/21/19 6:30 pm
Gibson-Aiken Center, Conference Room
Pick up games - Mon. nights 6:00 - 8:30 p.m.
Beginning 10/21/19 - Until Games Begin
Women’s League Players ONLY!

REPORTED TEXT: INSTRUCTOR: FEES: AGES: LOCATION:

ZUMBA
Zumba is the Latin Dance Fitness program that gets you moving to international rhythms and Latin beats. Don’t miss this great workout suitable for all levels that gives you cardiovascular and body-shaping benefits while strengthening your core and increasing your balance. But the best reason to do Zumba is how fun it is!

October 21st, 2019 — April 20th, 2020

WHEN: Monday’s 5:30 pm - 6:30 pm
LOCATION: Gibson-Aiken Ctr. - Blue Room
AGES: 16 years old & older. Those 16-18 years old must have a waiver with parent signature.
FEE: $5.00 per class for Brattleboro Residents
$7.00 per class for Non- Residents
INSTRUCTOR: Emily Mcloughlin
Licensed Zumba Fitness® Instructor

Follow Emily on Facebook at “Zumba with Emily”
For updates and information!

10 session punch card available
$30 resident/ $50 non-resident

REPORTED TEXT: INSTRUCTOR: FEES: AGES: LOCATION:

TABLE TENNIS
The Brattleboro Area Table Tennis Club is open for ping pong players of all skill levels. We spend some of the time doing warm ups and practice and then we have competitive games between the players who are present. We send groups of players to local tournaments each year. We also hold an intra-club tournament at the end of the year.

Starts October 21st 2019 – April 22nd 2020
WHEN: Mondays 6:00-8:00 p.m. Red Room
Wednesdays 6:00 - 8:00 pm Blue Room
LOCATION: Gibson Aiken Center, 3rd floor - Blue Room
AGES: 16 years old & older. Those 16-18 years old must have a waiver with parent signature.
FEE: $85 Brattleboro Residents per month
$110 Non-Residents per month
INSTRUCTOR: Sikung Lew Henderson

10 session punch card available
$50 resident/ $70 non-resident

REPORTED TEXT: INSTRUCTOR: FEES: AGES: LOCATION:

BADMINTON
This program is designed for adults of all abilities. This is a freelance program with no instructor. Pick up games will be played. All levels and abilities welcome & participants must wear sneakers. For more information please call 254-5808.

10/24/19 - 4/23/20
WHEN: Thursdays 5:30 pm - 7:00 pm
LOCATION: Gibson-Aiken Center, Gymnasium
AGES: 18 and older
FEE: $3 Resident / $5 Non-Resident per night

10 session punch card available
$30 resident/ $50 non-resident

REPORTED TEXT: INSTRUCTOR: FEES: AGES: LOCATION:

BADMINTON
This program is designed for adults of all abilities. This is a freelance program with no instructor. Pick up games will be played. All levels and abilities welcome & participants must wear sneakers. For more information please call 254-5808.

10/24/19 - 4/23/20
WHEN: Thursdays 5:30 pm - 7:00 pm
LOCATION: Gibson-Aiken Center, Gymnasium
AGES: 18 and older
FEE: $3 Resident / $5 Non-Resident per night

10 session punch card available
$30 resident/ $50 non-resident

REPORTED TEXT: INSTRUCTOR: FEES: AGES: LOCATION:
SENIOR CENTER PROGRAMS
The Brattleboro Senior Center is a multi-service center which provides a variety of programs; i.e., health clinics, interest group meetings and activities for those 55 years old and older living near the Brattleboro Area. Membership is free, most program participation is by donation. Congregate Meals, (provided by the Brattleboro Senior Meals, Inc), are served at Noon, Monday through Friday. The Center Newsletter is published monthly listing programs, special events, transportation, trips, and information about the Center. The Newsletter is free & can be picked up at the Center’s receptionist’s desk and various locations throughout Brattleboro or our website www.brattleboro.org. Please feel free to contact Activities Coordinator Sarah Clark at sclark@brattleboro.com or at 802-257-7570 for questions or comments.

WEEKLY PROGRAMS
Country Line Dancing Lessons, Bridge Playing (cards), Pickleball, Bocce, Bowling, Basketball, Walking, Strength Training Classes, Balance-Flexibility & Movement Classes, Tai Chi Classes, Yoga & Pilates, Mixed Fiber Arts Group (knitting, crochet, needle work), Oil Painting, Water Color Painting, Talk, Experience, Listen, Learn (T.E.L.L), Monday Morning Movies, Table Tennis, Game Day (board games and card games), Great Courses Educational Movies, and more!

SEASONAL PROGRAMS
Softball, Tennis, Swimming, Ice Skating, Picnics at Living memorial Park with MOW and more!

SPECIAL PROGRAMS/EVENTS
Nickel Bingo, Bingo, Trips both near and far, Presentations on Worldly Travels, Presentations and Activities by local organizations, Monthly Birthday Celebration, AARP Safe Driver’s Course, Advanced Directives, Musical Performances and more!

WELLNESS PROGRAMS
Blood Pressure, Foot Care, Flu Vaccination Clinics, Pneumonia Vaccination Clinic, Medicare Minute Presentations, Nutrition Presentations and more!

The Brattleboro Recreation and Parks Senior Center
Lower Level of the Gibson Aiken Center
207 Main Street, Brattleboro Vermont
802-257-7570

R.A.D. RAPE AGGRESSION DEFENSE
The Brattleboro Recreation and Parks Department and Brattleboro Police Department will be co-sponsoring three sessions of R.A.D. – Rape Aggression Defense will be led by Officer Amy Fletcher of the Brattleboro Police Department. The purpose of R.A.D. is “To develop and enhance the options of self-defense, so they may become viable options to the woman who is attacked.”

WHEN: 5:15 p.m. to 8:15 p.m.
Session one: November 6th, 13th & 20th (Wednesday Nights)
Session two: December 3rd, 10th & 17th (Tuesday Nights)
Session three: February 5th, 12th & 19th (Wednesday Nights)
LOCATION: Gibson Aiken Senior Center
AGE: 18 years old and older
FEE: $35.00 a session (three nights) for Brattleboro Residents
$60.00 a session for Non-Residents of Brattleboro

INSTRUCTOR: Officer Amy Fletcher
There is limited space available in each class so please sign up early to reserve your spot. Registration fee is non-refundable.

TAI CHI
Tai Chi is a powerful tool in healing and strengthening the body, mind and spirit. Flowing movements improve balance, increase flexibility, joint mobility and reduce stress. Steve is certified by the Arthritis Foundation in the instruction of Tai Chi for health and arthritis.

REGISTRATION: First day of classes/ or weekly for drop ins.
FEE: 10 weeks program- residents $50 and non-residents $75.
*Daily resident drop in fee is $5 & $7 for non-residents **
DATES: Session 4– November 20th– February 12th
(NO Class 11/27, 12/25, 1/1)
TIMES: 10:00 am—11:00 am
WHERE: Gibson-Aiken Center Blue Room

You can register now or on the first day of classes at the Brattleboro Rec & Parks Office in the Gibson Aiken Center.

YOGA & PILATES
INSTRUCTOR: Cyndy Gray
WHERE: Gibson Aiken Center
REGISTRATION: First day of session
SESSIONS 1 - 9/9/19 - 11/1/19 (No Class 10/14/19)
III - 1/6/20 - 2/28/20 (No class 1/20)
AGES: Adults - 16 & up
TIMES: 12:10-1:10pm
Monday Yoga
Wednesdays Strong Yoga
Friday Yoga/Pilates
FEES: 1X - Week $55.00
2X - Week $65.00
3X - Week $75.00

Late registration always accepted at any point in the sessions!

KICKBOXING/CONDITIONING
On-going registration monthly
Times: Wed. 5:30-6:30pm
Sat. 9-10am
Fees: 1X - Week $40.00 per month or 2 months for $75.00
2X - Week $50.00 per month or 2 months for $90.00
- Non-Residents add $25 to all monthly fees
- Drop in for the fee of $10.00 per day
- $10 discount if you participate in Noon-Time Yoga Class.

Notes: Kickboxing skills combined with athletic conditioning. An intense workout for serious participants.

Late registration always accepted at any point in the session.
PUBLIC SKATING SCHEDULE
The Skating Facility will open for the season on Saturday, 10/26/19, and close for the season on Sunday, 03/08/20. The schedule is subject to change during the Christmas and February School Vacation Weeks. For more information please call 257-2311 or 254-5808.

Monday 7:00 pm - 9:00 pm (Dollar Night)
Tuesday 10:30 am - 12:00 pm (Adults Only)
Wednesday 10:30 am - 12:00 pm (Adults Only)
Friday 10:30 am - 12:00 pm (Adults Only) 7:00 pm - 9:00 pm
Saturday 1:30 pm - 4:00 pm (Dollar Day) 7:00 pm - 9:00 pm
Sunday 1:00 pm - 4:00 pm 7:00 pm - 9:00 pm

FREESTYLE FIGURE SKATING
Freestyle ice time is open to figure skaters just starting out or those established skaters. This is not a public skating time.
Thursdays 7:30 pm - 8:30 pm
Cost: $10 Residents, $12 Non-Residents

OPEN ADULT HOCKEY
Pick up hockey, open to adults (18+) with full equipment, including a facemask. No equipment is provided.
Wednesdays 9:15 pm - 10:00 pm
Fridays 9:15 pm - 10:15 pm
Cost: $10 Residents, $12 Non-Residents