

# Brattleboro Senior Center Program Report September 9th-October 21st

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 \* Special Events: \*  
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 \* AARP "A Walk In My Shoes": 25 \*  
 \* AARP "A Study in Elder Care": 21 \*  
 \* Collette Travel Talk: 12 \*  
 \* Blood Pressure with RESCUE: 8 \*  
 \* Birthday Celebration: \*  
 \* Medicare Minute: 23 \*  
 \* Flu Shot: 28 \*  
 \* (2) Nickel Bingo with Sarah: 21 \*  
 \* Visit From Langdon Place: 4 \*  
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## Weekly Programs:

- Balance & Flexibility: 6
- Basketball/Walking: 0
- Bridge: 38
- Bowling: unknown
- Country Line Dancing: 39
- Game Day: 12
- Great Courses (Monday): 23
- Great Courses (Thursday): 16
- Meals: 365
- Mixed Fiber Arts: 48
- Monday Movie Matinee: 10
- Oil Painting Class: 8
- Pickleball Monday-Friday:  
     \*In the computer system– 27
- Strength Training: 44
- Socializing: 166
- Table Tennis: 0
- Tai Chi: 4
- T.E.L.L Group: 22

- The Brattleboro Senior Center took a trip to Hildene– The Lincoln Family on September 25th. Four People went.



- The Brattleboro Senior Center took a trip to Chester where we took a foliage train ride to Rockingham and back. After the train ride we stopped for lunch at a small bakery/diner and then the Vermont Country Store. We took two–  
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## Social Media:

RainOutLine: See attached page  
 Rec Facebook: 2,718 followers  
 Senior Center Facebook: 164 followers