

# Senior Center Report September 14th

## BSC Restart:

- We are still following recommendations and protocols from the Department of Disabilities, Aging and Independent Living (DAIL) and the Vermont Department of Health.
- Reservations for all indoor programs are required and patrons have been doing a great job of signing up in advance! Only 20 people are allowed in the center at a time. At this time we have had a maximum of twelve patrons at once.
- There is a screening process at the back door of the Senior Center. Temperatures are taken, and standard questions are asked about exposure and symptoms related to COVID.
- Masks are required and physical distancing will be enforced.
- High touch surfaces are disinfected regularly and between each program.
- The computer room and coffee/ craft room, and library room have remained closed during this first phase due to high touch surfaces and surfaces that are difficult to clean.

## Effective Immediately Pickleball will follow the below Guidelines:

- 1) "Arrive, Play, Leave" Mentality: Players should not gather before or after playing (example: tailgating).
- 2) Players must meet and follow the Cross-State Travel Guidance. Individual players from bordering states may participate, but they must follow the Vermont state guidelines.
- 3) Masks: Cloth face coverings will be required at all times when physical distance of six feet cannot be consistently maintained. This includes practices, scrimmages, games, meets and competitions for sports that involve contact or close proximity.

What this means:

\*Masks MUST be worn at all times when you are playing.

\*Masks may only be taken off when you are sitting on the sidelines and able to remain 6 feet away from everyone. If someone comes to chat or socialize with you, then everyone there must have their mask on.

- 4) Health Check: All players should complete a health check before arriving at practice sessions, scrimmages, games, meets or competitions. At a minimum, the following questions should be considered:

\*Have you been in close contact with a person who has COVID-19?

\*Do you feel unwell with any symptoms consistent with COVID-19? For example, have they had fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, fatigue, muscle or body aches, headache, congestion or runny nose, sore throat, new loss of taste or smell, nausea or vomiting, diarrhea?

Please note- If anyone answers yes to the above questions, they should not attend Senior Pickleball or Senior Programs.

- 5) LIST OF PARTICIPANTS: All players must sign in on the clip board and provide their full name clearly printed as well as a phone number for contact tracing purposes.

**Programs that are Currently Running Outdoors:**

- Tennis, Pickleball, Softball, Watercolor Painting.

**Programs that are Currently Running Indoors and in a Modified Format:**

- Tai Chi, Line Dancing, Mixed Fiber Arts, (T.E.L.L), Movie showings and coffee and conversation, Great Courses.

**Special Programs that are happening:**

- Ice Cream Social– Sarah held her first Ice Cream Social on August 19th and had 25 patrons sign up! Sarah will be hosting another drive thru ice cream social from Noon to 1 p.m. on September 16th! This is free for anyone fifty-five years old and older and will occur at the Brattleboro Common so that patrons can bring a lawn chair and enjoy socializing at a distance.

**Indoor Program Attendance Numbers (August 10th)- September 11th):**

- Mixed Fiber Arts– 11
- Tai Chi– 25
- Line Dance– 32
- T.E.L.L– 0
- Movie Matinee– 3
- Coffee and Conversation– 0

**New/ Modified Program to Begin in the Next Month or Two:**

- Bingo with one-time use cards printed offline. No chips-instead everyone will use a marker or pen.
- Great Courses DVD series on Mondays and Tuesdays in the afternoon will begin mid September.
- Green Mountain Retired and Senior Volunteer Program (GMRSVP) has been working with Sarah and will potentially run a Bone Builders group as well as a walking group based at the Senior Center.

**Social Media:**

RainOutLine: See attached page

Rec Facebook: 3,005 followers

Senior Center Facebook: 179 followers

Brattleboro Dog Park: 682 followers

Recreation Instagram: 362 followers

